

WELLNESS WEDNESDAY

ENVIRONMENTAL HEALTH





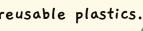
As of March 2022, a climate emergency has been declared in 38 countries effecting over 1 billion people. A Climate emergency impacts ecosystems, temperature, ocean acidity and you have the power to create change! Help the environment by ...





BRINGING YOUR OWN EQUIPMENT SO YOU DON'T USE PLASTIC TOOLS.

Self-awareness is certainly important to deal with waste so that you don't always use plastic materials. Now there are many tools made of stainless steel, bamboo, and study, reusable plastics.





USING EQUIPMENT THAT IS NOT USED ONCE AND THEN THROWN AWAY.

RECYCLABLE AND COMPOSTE WHEN POSSIBLE!

Creating a compost bin and recycling makes an impact! 28% (1.7 million TONNES) of waste was saved from the landfills last year in Canada! You can help increase that number and work to save our planet



TURN ORGANIC WASTE INTO FERTILIZER.



CARPOOL OR BIKE WHEN AND WHERE POSSIBLE

Carpooling with friends allows you to share costs for gas and parking, cutting your expenses by 50%!! With the price of gas who can argue with that! Biking is always a healthy, affordable option to get back and forth, SLC has bike racks everywhere to keep your bike safe while you are on campus!

REDUCE THE USE OF PLASTIC OR OTHER WASTE.



There are various materials that are difficult to decompose into those that are easy to decompose. The purpose of sorting waste is to make it easier to recycle. Here at SLC, you see separated waste bins! Be sure to take a moment and separate your garbage when you can!











