# Table of Contents

1. [Join Ontario association of emergency managers 2](#_TOC_250002)
2. [Ontario Paramedic Association 2](#_TOC_250001)

1. [LEAP Paramedics 2](#_TOC_250001)

1. [MHFA – Mental Health First Aid](#_TOC_250000) 2

1. [ASIST – Applied Suicide Intervention Skills Training](#_TOC_250000) 3

1. [SafeTalk](#_TOC_250000) 3
2. [Cost Breakdown](#_TOC_250000) 4

# Join Ontario Association of Emergency managers

## [Join Ontario Association of Emergency managers: Shape the future of Emergency](https://www.oaem.ca/join_oaem.php) [management](https://www.oaem.ca/join_oaem.php)

Become an integral part of Canada's largest emergency management and business continuity community with OAEM. Connect with fellow professionals, access exclusive resources and training, and contribute to impactful projects and initiatives. Benefit from free webinar registrations, discounted professional development, and valuable networking opportunities. Your involvement not only enhances your career but also helps drive the future of emergency management. Embrace the chance to grow, collaborate, and make a meaningful impact in our field.

## [Ontario Paramedic Association](https://www.ontarioparamedic.ca/members/register/)

Experience unparalleled value with Ontario Paramedic Association student membership, designed to offer more than any other paramedic association in Canada. All members receive a subscription to Canadian Paramedicine magazine and memberships with both the Ontario Paramedic Association and the Paramedic Association of Canada. Plus, Ontario Paramedic Association dues are tax-deductible. Be a member to secure exceptional protection and access valuable resources tailored to your profession.

# Pallium Canada

**[LEAP - Learning Essential Approaches to Palliative Care](https://www.pallium.ca/course/leap-paramedic/) (Paramedics)**

Transform your health care practice with our award-winning suite of Learning Essential Approaches to Palliative Care (LEAP™) courses. **LEAP™ Paramedic** is a blended learning course for paramedics and Emergency Medical Service professionals that teaches the essential practical knowledge, attitudes, and skills to provide a palliative care approach on-site.

# Mental Health Commission Canada

**[MHFA - Mental Health First Aid](https://cmha-east.on.ca/index.php/en/training/for-our-community-members/mental-health-first-aid)**

TMHFA Standard is the support provided to a person who may be experiencing a decline in their mental well-being, or a mental health or substance use crisis.

This 9-hour course opens with a self-directed module (Module 1) that focuses on the information and strategies that participants will discuss and practice throughout the virtual or in-person classroom modules (Modules 2 and 3). Course participants are required to complete Module 1 before participating in Module 2 and 3. Upon registration, participants will receive the “MHFA Participant Reference Guide” that outlines MHFA actions for developing mental health and substance use problems, and mental health and substance use crises.

Who is to for? For everyone and everyone. Ideal for the general public, workplaces, and community groups.

# Living Works Education

**[ASIST - Applied Suicide Intervention Skills Training](https://cmha-east.on.ca/index.php/en/training/for-our-community-members/certified-asist)**

ASIST (Applied Suicide Intervention Skills Training)

ASIST is a two-day interactive workshop in suicide first-aid. ASIST teaches participants to recognize when someone may be thinking of suicide and work with them to create a plan that will support their immediate safety using the PAL (Pathway for Assisting Life) model.

# Living Works Education

**[SafeTalk](https://cmha-east.on.ca/index.php/en/training/for-our-community-members/certified-safe-talk)**

safeTALK half day training prepares you to help by using TALK (Tell, Ask, Listen and KeepSafe) to identify and engage people with thoughts of suicide and to connect them with further help and care.safeTALK is for everybody who wants to help prevent suicide; front line workers, clergy, volunteers, parents, teachers, law enforcement, first responders.

# Cost Breakdown

|  |  |
| --- | --- |
| Certification Name | Cost |
| Ontario Association of emergency manager | * First year is Free
* $65.00 after First year
 |
| Ontario Paramedic Association | * $16.00 per Month
 |
| LEAP Paramedics (Learning Essential Approaches to Palliative Care) |  $105 |
| MHFA - Mental Health First Aid  |  $226 |
| ASIST - Applied Suicide Intervention Skills Training |  $226 |
| SafeTalk |  $90 |