Table of Contents

1. [Professional Development Modules by Canadian Nurses Association 2](#_TOC_250002)
2. [Canadian Nursing Students’ Association 2](#_TOC_250001)
3. [LEAP – Learning Essential Approaches to Palliative Care 2](#_TOC_250001)
4. [MHFA – Mental Health First Aid](#_TOC_250000) 2
5. [ASIST – Applied Suicide Intervention Skills Training](#_TOC_250000) 2
6. [SafeTalk](#_TOC_250000) 2
7. [2SLGBTQ+ Health](#_TOC_250000) 3

# [Professional Development Modules by Canadian Nurses Association](https://mem.cna-aiic.ca/Higher-Logic/Community-Portal.aspx#access)

Unlock a wealth of knowledge with our professional development courses, designed to enhance your understanding of critical healthcare topics. From recognizing common mental health issues to exploring the future of leadership in healthcare, and addressing errors to mastering palliative care, these diverse course offerings equip you with essential skills and insights. Each course is available online, allowing you to learn at your own pace and apply cutting-edge knowledge to your practice, ensuring you stay at the forefront of the evolving healthcare landscape.

Learning modules for the Code of Ethics for Registered Nurses are available online, at $9.95 for nursing students!

To access the student discount, use the promotional code “NURSINGSTUDENT” for the Code of Ethics Modules.

Learning courses on a variety of healthcare topics including recognizing common mental health problems, the future of leadership in healthcare, errors, and palliative care. Each of the professional development courses is available online, at $9.95 for nursing students!

You will need to manually enter the promotional code “WCEASTUDENT” at checkout to get the discounted student price for each course.

# [Canadian Nursing Students' Association](https://www.cnsa.ca/become-a-member)

Becoming a member of the Canadian Nursing Students' Association (CNSA) provides you with a powerful platform for advocacy, professional growth, and community support. As the national voice for nursing students, CNSA offers invaluable resources and networking opportunities to enhance your education and career prospects. You'll gain access to essential legal and ethical guidance, stay informed about the latest industry trends, and actively contribute to promoting and advancing the nursing profession. By joining CNSA, you connect with a dedicated community that supports your journey and helps shape the future of nursing in Canada.

# [LEAP - Learning Essential Approaches to Palliative Care](https://www.pallium.ca/course/leap-paramedic/)

Transform your health care practice with our award-winning suite of Learning Essential Approaches to Palliative Care (LEAP™) courses. Our palliative care courses for health care professionals provide the knowledge, skills and confidence to improve care for patients and families facing life-limiting illnesses.

# [MHFA - Mental Health First Aid](https://cmha-east.on.ca/index.php/en/training/for-our-community-members/mental-health-first-aid)

TMHFA Standard is the support provided to a person who may be experiencing a decline in their mental well-being, or a mental health or substance use crisis.

This 9-hour course opens with a self-directed module (Module 1) that focuses on the information and strategies that participants will discuss and practice throughout the virtual or in-person classroom modules (Modules 2 and 3). Course participants are required to complete Module 1 before participating in Module 2 and 3. Upon registration, participants will receive the “MHFA Participant Reference Guide” that outlines MHFA actions for developing mental health and substance use problems, and mental health and substance use crises.

Who is to for? For everyone and everyone. Ideal for the general public, workplaces, and community groups.

# [ASIST - Applied Suicide Intervention Skills Training](https://cmha-east.on.ca/index.php/en/training/for-our-community-members/certified-asist)

ASIST (Applied Suicide Intervention Skills Training)

ASIST is a two-day interactive workshop in suicide first-aid. ASIST teaches participants to recognize when someone may be thinking of suicide and work with them to create a plan that will support their immediate safety using the PAL (Pathway for Assisting Life) model.

# [SafeTalk](https://cmha-east.on.ca/index.php/en/training/for-our-community-members/certified-safe-talk)

safeTALK half day training prepares you to help by using TALK (Tell, Ask, Listen and KeepSafe) to identify and engage people with thoughts of suicide and to connect them with further help and care.safeTALK is for everybody who wants to help prevent suicide; front line workers, clergy, volunteers, parents, teachers, law enforcement, first responders.

# [2SLGBTQ+ Health (Various Courses) by](https://www.rainbowhealthontario.ca/education-training/) Rainbow Health Ontario

2SLGBTQ+ communities face specific health challenges and barriers to accessing care. RHO offers training for healthcare and social service providers to increase their clinical and cultural competency in caring for their 2SLGBTQ+ service users.

## Cost Breakdown

|  |  |
| --- | --- |
| Certification Name | Cost |
| Canadian Nursing Students’ Association | $20.00/ Year |
| Code of Ethics for Registered Nurses by CNA | $9.95 (*Code: NURSINGSTUDENT*) |
| Various Professional Development Courses by CNA | $9.95 (*Code: WCEASTUDENT)* |
| LEAP - Learning Essential Approaches to Palliative Care | $50 - $295 |
| MHFA - Mental Health First Aid | $226 |
| ASIST - Applied Suicide Intervention Skills Training | $226 |
| SafeTalk | $90 |
| VII. 2SLGBTQ+ Health (Various Courses | $29 - $50 |